

A close-up photograph of a Feijoa plant, showing several green, oval-shaped fruits hanging from a branch. The leaves are small, dark green, and have a slightly waxy appearance. The background is slightly blurred, showing more of the plant and some outdoor structures.

FEIJOA

GARY HEITKAMP

Introduction

- Common Names:
Feijoa, Pineapple Guava, Guavasteen, Brazilian Guava, Fig Guava, New Zealand Banana
- Family: Myrtaceae
- Scientific Name:
Acca sellowiana,
Feijoa sellowiana
- Related Families:
Eugenia
Guavas (Psidium)
Jaboticaba (Myrciaria)



Cultivation Geography

- Southern Brazil
- Northern Argentina
- Western Paraguay
- Western Uruguay
- New Zealand



Origin

- Ernst Berger, German botanist named it after Don da Silva Feijoa
- Specific name honors a German, F. Sellow
- Lack of consistency in name

Description

- Abundance of Varieties:
 - Andre
 - Besson
 - Coolidge
 - Choiceana
 - Superba
 - Mammoth
 - Magnifica
 - Robert
 - David

Description

- Shrub or small tree
 - Branches white hairs when immature
- Leaves are thick and leathery
 - Smooth glossy on top
 - Silver hue underneath with visible veins
- Eye catching flowers



Cultivation Information

- Very versatile plant in terms of:
 - Soil, Water, Salt, Shade
- Subtropical climate with low humidity (Mediterranean)
- Few Pests
- Can withstand colder temperatures than its relative, guava
- Apples

Plant Uses

- Abundance of food products
- Source of timber
- Physical Services



Flower Pollination

- Insects, Bees
- Birds
- Hand Pollination

Seasons

- March to May
- October to December

Taste

- Mixture of fruits just like the name
 - Pineapple
 - Guava
 - Strawberry
 - Hint of mint
- Aroma

Notable Health Benefits

- Low calories with high fiber content
- Vitamin C
- Potassium
- Other vitamins and minerals
 - Vitamin B6
 - Calcium
 - Vitamin E and K



BAD NEWS EVERYONE